



Michael Vesla

Winter Activities

in Mount Royal Park



VISITOR SERVICES AND EXHIBITION

Get all the information you need to fully enjoy the park at our welcome centre at the Smith House! Don't miss our exhibition, *Mount Royal, a Territory to Discover*.

- Daily, 9 a.m. to 5 p.m.
- Free

IN THE FOOTSTEPS OF OUR DISCOVERERS, THE REMARKABLE HISTORY OF MONTREAL

Step inside the Mount Royal Chalet to discover its exceptional heritage as you admire the 17 paintings that depict selected moments in Montréal's history.

- Until February 11
- Activities from December 22 to January 6
 - Guided tour of the Chalet
 - Family rally
 - Drawing contest
- Free

The exhibition is accessible during opening hours (8 a.m. to 8 p.m.) according to the uses of the Chalet.

GIFT SHOP



Visit our gift shop located at Smith House and the Mount Royal Chalet for a selection of seasonal clothes and unique items made by local artisans and craftspeople.

- Daily, 9 a.m. to 5 p.m.

Please note that Smith House, our services and the Café des Amis will be closed on December 25 and January 1, and will close at 4 p.m. on December 24 and 31.

The Mount Royal Chalet and Beaver Lake Pavilion will remain open to the public.

CAFÉ DES AMIS

Enjoy the hospitality of the Café des Amis in three stunning venues – Smith House, the Mount Royal Chalet and the Beaver Lake Pavilion. It's the perfect place to have a bite and warm up on the mountain!



Madame Juneau

BEAVER LAKE PAVILION

- Until December 16, 9 a.m. to 6 p.m.
- December 17 to March 10, 9 a.m. to 9 p.m.

Reservations:
514 843-8240, ext. 260
cafedesamis@lemontroyal.qc.ca

SMITH HOUSE

- Daily, 9 a.m. to 5 p.m.

MOUNT ROYAL CHALET

- Daily, 10 a.m. to 5 p.m.

NEW

Hot chocolate and coffee now available outside the Beaver Lake Pavilion next to the skating rink on weekends from 11 a.m. to 4 p.m.

CITY LIGHTS SNOWSHOE EXCURSIONS



Alexandre CV

All winter long, discover the secrets of Mount Royal, its trails and breathtaking views of the city on evening snowshoe excursions with a guide from **Les amis de la montagne**. Treks last about 90 minutes. Snowshoes provided.

Registration: lemontroyal.qc.ca

Pick your evening excursion: traditional or holiday special!

Traditional excursion – snowshoeing and hot chocolate

Come nightfall, treat yourself to a breath of fresh air on the mountain and a hot chocolate along the way.

- Fridays and Saturdays, January 4 to March 9, at 6 p.m. in French or English
- 12-15 years old: \$17
- 16 years old and over: \$22

Holiday special – snowshoeing and a glass of bubbly

Kick off the New Year with a moonlit excursion and a toast to the splendours of the winter wonderland.

- Sunday, December 30, at 6 p.m. in French or English
- \$30 per person



Alexandre CV

FAMILY-FRIENDLY SNOWSHOEING

At the heart of the forest

Accompanied by one of our guides, explore the snow-covered forest of Mount Royal while discovering its fauna, flora and history of mountain sports. Stop for hot chocolate in the heart of the forest.

Registration: lemontroyal.qc.ca

- Sundays, January 20 and 27 and February 3, 10 and 24, at 10:30 a.m. in French only

Duration: 1h30

- 8-15 years old: \$17
- 16 years old and over: \$22

March break special – snowshoeing and hot chocolate

- Daily, from March 2 to 10, at 10:30 a.m. in French only

Duration: 1h30

- 8-15 years old: \$17
- 16 years old and over: \$22

VALENTINE'S SPECIAL



Valentine's Day special – snowshoeing, glass of bubbly and chocolate

Treat your one and only to a Valentine's excursion unlike any other!

- Thursday, February 14, at 6 p.m. in French or English

- \$30 per person

Registration: lemontroyal.qc.ca

Valentine's Day special – romantic dinner

A snowshoe trek isn't quite enough? Top it off with a romantic dinner at the Beaver Lake Pavilion. The meal includes vegetarian or regular fondue, with a glass of sparkling wine and mignardise.

- Thursday, February 14, at 8 p.m.

- \$50 per person, including taxes and service

Registration: lemontroyal.qc.ca

Information:
514 843-8240, ext. 260

Musical skating evening

Pair up with a loved one to ice skate to a special soundtrack under the starry night.

- Thursday, February 14, 6 p.m. to 9 p.m.

- Skate rentals: 2 for 1

- Free

Valentine's weekend special – snowshoeing, mulled wine and chocolate

Celebrate your sweetheart in a unique way on the snowy trails of Mount Royal.

- Friday, February 15 and Saturday, February 16, at 6 p.m. in French or English

- \$30 per person

Registration: lemontroyal.qc.ca

Family Valentine's special – snowshoeing, hot cocoa and chocolate

Enjoy a sweet family Valentine's Day by taking the crew on a guided snowshoe excursion on the mountain. Maximum of 2 children per adult.

- Sunday, February 17, at 10 a.m. and 1 p.m. in French only

Duration: 1h30

- 8-15 years old: free
- 16 years old and over: \$24

Registration: lemontroyal.qc.ca

THE JOY OF SLIDING

SNOW TUBING

Discover the exhilaration of snow tubing down reserved lanes! Daily passes are available at the equipment rental counter of **Les amis de la montagne** located on the ground level of Beaver Lake Pavilion or in one of the leaning houses at the foot of the snow-tubing corridors.



- December 15 to March 10 (weather permitting)
Monday to Friday, 10 a.m. to 4 p.m.
- Saturday and Sunday, 10 a.m. to 6 p.m.
- 4-11 years old: \$5
12 years and over: \$9
Minimum age required: 4 years old

Rentals stop 30 minutes prior to closing.

CROSS-COUNTRY SKIING

LES AMIS DE LA MONTAGNE YOUTH CROSS-COUNTRY SKI PROGRAM



- January 5 to February 17 – Saturdays or Sundays
Registration until January 3: lemontroyal.qc.ca
Limited places
Information: 514 843-8240, ext. 222
clubdeskidesamis@lemontroyal.qc.ca

CROSS-COUNTRY SKI LESSONS FOR ADULTS



Les amis de la montagne offers cross-country ski lessons – introductory, beginner and intermediate levels – for adults.

- January to February
- Group lesson – \$40 per person with equipment rental \$30 without
- Private lesson – \$50 per person with equipment rental \$45 without
- 3 lesson session – \$110 per person with equipment rental \$90 without

Registration: lemontroyal.qc.ca

Information: 514 843-8240, ext. 222
clubdeskidesamis@lemontroyal.qc.ca

NEW

CITY LIGHTS CROSS-COUNTRY SKI EXCURSION

Explore the mountain's summit and trails under the stars with a guide from **Les amis de la montagne**. Hot chocolate included.

- Fridays, January 18 and February 8, at 6 p.m. in French only
 - \$25 with equipment rental \$17 without rental
- Registration: lemontroyal.qc.ca

Prerequisites:

- Intermediate level
- Experience in cross-country skiing
- Able to ski 5 km and more

WINTER À LA CARTE

OUTDOOR EQUIPMENT RENTAL SERVICE

Les amis de la montagne operates an outdoor equipment rental counter where you can outfit yourself and your family for skating, cross-country skiing, snowshoeing and more.

Location: ground level of the Beaver Lake Pavilion

Note: Photo ID is required for all rentals. Rentals stop one hour prior to closing.



- December 1 to 14
Sunday to Thursday, 10 a.m. to 6 p.m.
Friday and Saturday, 9 a.m. to 9 p.m.
- December 15 to March 17
Sunday to Thursday, 9 a.m. to 9 p.m.
Friday and Saturday, 9 a.m. to 10 p.m.
- Skates \$10 for 2 hours
- Cross-country skis (12 years old and over)
\$15 for 1 hour
\$20 for 3 hours
- Snowshoes
\$9 for 1 hour
\$15 for 3 hours

Complete offer available at lemontroyal.qc.ca

LACE UP YOUR SKATES

Skate to your heart's content on the refrigerated skating rink next to the Beaver Lake Pavilion.

- Free

Pavilion opening hours and City of Montréal supervised skating hours

- December 1 to March 10 (weather permitting)
Sunday to Thursday, 9 a.m. to 9 p.m.
Friday and Saturday, 9 a.m. to 10 p.m.

Note: Rink maintenance is provided by the City according to the schedule posted on the premises.

WINTER BIRDWATCHING

CHRISTMAS BIRD COUNT

Every year, a survey of the winter bird population is carried out by thousands of volunteers across North America. Take part in this survey by helping count birds in Mount Royal Park with an ornithologist from **Les amis de la montagne**. Two-hour session.

- Saturday, December 15, at 1 p.m. and Sunday, December 16, at 10 a.m. and 1 p.m. in French or English

- Free

Limited places

Registration: lemontroyal.qc.ca

BIRD FEEDER CIRCUIT



Did you know that over 20 species of birds can be observed on Mount Royal in winter? Visit our feeders located along Olmsted Path between Smith House and Mount Royal Chalet and on the summit loop.

- Until mid-April
- Self-guided and free of charge

PROJECT FEEDERWATCH

Join **Les amis de la montagne** as a volunteer observer and take part in this winter-long survey of birds that visit feeders.

- Fridays or Saturdays, until mid-April

Information and enrolment in mandatory training session:

514 843-8240, ext. 250
benevoles@lemontroyal.qc.ca

- Free

Les amis de la montagne activities in Mount Royal Park are made possible thanks to an agreement with the City of Montréal.